



# OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	3	4	5	6	7	
		<p><b>MOBILE FARMER'S MARKET</b> @ THE LIFE ENRICHMENT CENTER</p> <p>EVERY 1<sup>ST</sup> WEDNESDAY OF THE MONTH 1-2 PM REAR PARKING LOT</p> <p>Food given out according to household size. ODJFS Eligibility form to be filled out on site; proof of income not required.</p>	<p>Join us for LEC's <b>WELLNESS WEDNESDAY</b> Community Resource Day @11:00 a.m. Before Mobile Market @ 1:30p.m. @ The Life Enrichment Center, 425 N. Findlay St.</p>	<p>Join Us for a special series this month</p>			
8	9	10	11	12	13	14	
<p>See You this Week at the Widows Home 50 S. Findlay St. Dayton, OH 45403</p>			<p>Fun &amp; Fitness at the Widow's Home</p>				
15	16	17	18	19	20	21	
<p>See You this Week at the The Life Enrichment Center 425 N. Findlay St., Dayton, OH 45404</p>			<p>Healthy Living for Brain &amp; Body CapTel MidWest Clinical Research Access Center CareSource Alzheimer's Association</p>				
22	23	24	25	26	27	28	
<p>See You this Week at the Community Church Riverside 339 Meyer Ave.,</p>		<p>Participating Agencies Senior Resource Connections Medicare Resource Center Opportunities for Ohioans with Disabilities CapTel</p>	<p>Learn how to create a Happy, Healthy and Fit Life The MORE YOU LEARN THE MORE YOU WIN! <b>PLAY HEALTH BINGO!!!!</b></p>				
<p><b>Join Us as WE Grow and Transform Our Lives</b></p> <p>Share YOUR ValYOU story or moment: Tag us on Facebook @LECDayton or Email us at edsc@Daytonlec.org or Visit <a href="http://bit.ly/LecValYOUBox">http://bit.ly/LecValYOUBox</a></p>							



**Life Enrichment Center**  
425 N. Findlay St.  
Dayton, OH 45404  
**PHONE:**  
937.252-5700 ext. 3227  
**Website:** [www.daytonlec.org](http://www.daytonlec.org)  
**Email:** [edsc@daytonlec.org](mailto:edsc@daytonlec.org)